

Islamic Fasting - bi a dóh Wmj di YŞ h

W; ð j Qru<dkaudi fhaWmj di YŞ h

i Eu j i r l u ru<dka Y%, xl dj we; ð i ui a f, dā uq a s' ck; dj u buy; a NI a hl ka w, a dya fou÷ka úi ka wmg uq a s' j rfhl =j Yfhka bgq l s ug wK l r we; s uQ s j ; dj ; a j , ka tl l a j k Wmj di YŞ h bgq l rñka mj ; S i enúkau wm fi úYj h u; uq a s' j rfhl =f, i i ákj d ki wmg bi a dóh l e, ekærfha tk ru, dkaudi fhysWmj di fha fhŞ i àu wkj d¼Hh l r we; '

“úYj di j ka hks Tng fmr i á why g khñ; j QmBÈ Tn YbDdj ka j kaj i a Tn fl fryo ^Wmj di h& wkj d¼Hh l r we; ” ^YøDj Qw, a l ¾wdkh 2#183&

udkj hdf. ai Dcqu. fmkau Wfoi d my< j Qfoõ j ok j k YøDj Qw, a l ¾wdkh my< l rk , o taru<dkaudi h fuu j i fryo wm fj ; <. dù we; ' fuh Wmj di fhaudi h fõ' khñ; j hi g m; j QYl a si i mkk mrel i y i a % foml d hu fuu udi hu Wmj di YŞ fhys fhEh hq h' l ð . kkk” mmdi h i y l dhá wj YH; dj hka oukh l rkkq neß fn, yk ñkí ka j k wm w, a dya fou÷kaWfoi d tu uQ s wj YH; dj hkaru, dkaudi fhŞ u¼okh l r . ekSug j Ehul fhfouq fuu foj NI a h Wmj di h mj ; k l d, hg muKl ai sud fkdú j i f¼ wka udi j , o ta wdl drfhkau ; ð h hq h' tög wm khu mkj ; ka j kj dg l s j i el hl ake; '

“ru<dka udi h j kdys ukq H j ¾. hdg i i m¼K u. fmkj kkdj ð” i u. ^i l á pl fi & meyeÈ, s l rkkdj ð” i ; Hfhka wi ; H ^f; dard& fj ka r fmkj kkdj QYøDj Qw, a l ¾wdkh tysmy< úh' tfyhkataudi h w; d r . kfkka l j frl ð” fyf; u tysWmj di fhysfhEh hq h’” ^YøDj Qw, a l ¾wdkh 2#185&

wmg Wmj di h wkj d¼H l < w, a dya fou÷ka keuyü” i l d; áy. Snod& i y yÈ j kkdj j eks wfkl ð a hq ð i o wkj d¼H l r we; ' i Qj ” fydr l u” ñkuereu” u; ā j H i y ýrdpdrh j eks foa ; yki l r we; ' fndre” B¾l Hdj ” ; kaydj i y fl a di j eksfoð kq ýi qnj okj d we; ' foudmthkq kEoEhkq i y wi , j ei hkg hq ð i bgq l rk f, i Tj oka Ş we; ' fuu m¼KH udi fha Wmj di fha fhfokfka ki by; i |yka fkdfydi kd l %d j , kð j e<l Si áh hq h'

kQ k ffj oH úoHdj g wkj Wmj di h YÍr fi !LHhg w; Şhka ys l rh” tfukau tu. kaOkj ; dg ý. kf. al ð . kfkys ; ru oek . ; yel h hkfj ka fndfyda fya =wmg oel úh yel j Q o” Wmj di fhys khu mrud¼: h wmf. amøj , kamú; %úu fõ” “kj i | n, d Wmj di fhysfhfokk' kj i | n, d Wmj di h ku l rkk' wyi j , dfj ka mš ki l #ndka udi h Èk ; syl a ku

I rkk'” kj i | kÿgqi el ÈkfhaWmj di fhysfhŞu i i m¼Kfhkau kÌ u. g
mgyekh' ^uQ dY%# ngydB . %ka h&

Wmj di l d, hg fmr Wmj di h fj kfj kai y¾^wkNj & l < hq ð' “Tn, d i y¾
l rkk' i enúkau tysnrl ; a fõ” ^uQ dY%# ngydB . %ka h& Wmj di fhys l d, h
wç hu *c¾ i g u. BÍ ol j d fõ “uu uf. amj f, awh yd i y¾ l r kÌ ; eud
yd *c¾ keuyug i yNd. súu mKs bl aukg mg; afj ñ” ^oekq' fokfka i woa
i kai ya a^r<svka dyqwkayq ; eud” ^uQ dY%# ngydB . %ka h-1920&

Wmj di fhysfhŞu mKs khh; a^wruqK& wkj d¾H fõ' fuu khh; h
Tng Tnf. auõ Ndl dfj kau mej i h yel ' khh; ahkqfÉ; kdj l awe; sl r . eKs
fõ' Wmj di fhysfhfokd nj bgd . kfkaki th khh; ahkfj kayeçkfõ'

Wmj di YŞ fhawdY¾j do

foj ; Dma h Wfoi d Wi i a fÉ; kdfj ka l rkd Wmj di hg w, a dya
foú÷kafj ; kaw. kd ; sK yñfõ'
“ru<dkaudi h , nkkd taudi fhaWmj di fhysfhÿkdfõ” taudi fhai j ¾. fha
fodrij , aúj r fõ' krfhafodrij , aw. ç j efÜ ffl ; dkq ú, x. =oukq, efí ' ta
udi fhaudi oyi l gj vd w. kd / hl afõ' th , nd . kfkal j frl @Tyqi hç
Nd. Hhka, nkfkhh' th wyñ j kfkal dygo@Tyg i hç foawyñ j kfkhh”
^uQ dY%# ngydB . %ka h -1899&

“fl fkl = ; u j i a fj kai y wi , j ei hkf. ka mÍ l d Khg Ndckh j k l <
Tyf. akeuyü” Wmj di h i y mkg Şu j ekkkatj dg m% s dr j kfkhh”
^yffo*d r<svka dyqwkayq ; eud” uQ dY%# ngydB . %ka h -1895&

Wmj di fhysfhfokkdg i ; gqwj i a d fol l a fõ' thka t l l a fyf; u
Wmj di h wj i kal rk fú, dj ” wfkl Wmj di h ká d ; u foú÷kayug k w. kd
wj i a dj ' “Wmj di fhys fhfokkdf. a ufj ka úyfok . | w, a dya foú÷ka
fl frysl i a B j , g j vd w. fkh” ^uQ dY%# ngydB . %ka h&

‘i j ¾. fha fodr l a fõ' úYj di j ka f, i Wmj di h wdrl d d l < whj Ækayer
wkal s fj l =tafodr u. kamúí Sug wj i r ke; ’ ^i ya a^r<” ngydB& ‘ff, , ; 7 a
l o¼ ÈkfhaúYj di j ka f, i mkam; d j kòkdudkfhysfhfokfkal j frl @
Tyf. afmr mō j , g i udj , nkqwe; ” ^wnqyffrrd ^r<” ngydB& ‘uq dj doh
i y j Hdc l %dj kaw; afkfyeBfhal j frl @ fyf; u wdydr mdkh w; aye l fuka
w, a dyg l s ý Wj ukdj l ake; ” ^uQ dY%# ngydB&

Wmj di fhai ykhka

Tnf. ka fl fkl =frda S j j fyd; a fyda . ufkys fhŞ i áhŞ ^Wmj di fha
fkdfhÉ& fyf; u fj k; aÈkhl tj d i udokaúh hq ð' ^2#184& ‘u. hd . ¾i Ks
i y l B uõj re hkkkq fuj kaÈkhl w; mi qj QWmj di hkamhùug kÌ ; eud

wj i r ýkay' ^wki a^r<&" ki b i y ; ¼ñÈ&" Ti mai a \$h Wmj di h fj k; aÈkhl mhúh hq ñ' keuyú mhùug Wj ukd ke; ' ^nydB&' 'wm kì ; €d i u. . ufkyS fhfouq Wmj di fha fh§ i à wh Wmj di h fkd l < whg fyda Wmj di fha fkd fhýkqwh Wmj di l < whg fyda l s ý fpdokdj l a t, a l f<a ke; ' ^wki a ì ka ud, § a^r<&" nydB&' Wmj di fhys fhÈh fkd yel sj fhdj DoDhka ta fj kj g w, a l ¾wdkfhafyday§i fhafyda i |yka fkdj qkì d fl fkl g i efyk m%idKhl a Èh hq ñ'

w; mi g QWmj di hka

Wmj di i ufha w; mi g QWmj di hka fj k; aÈkhl i uqñ¾K l < hq ñ' 'ud ru<dkaudi fhaw; ay< i uyr Wmj di hka B<. j i f¾ l #ndkaudi fhayer mhùug ug yel súh' ^wdhd d ; ñh- nydB& wdhd d ; ñh kì ; €dg wêl f, i wem Wmi a dk l < kì d w; mi g QWmj di hkabgql § ug l #ndkaudi h ol j d l , a oeuq o' urKh 'kEu fudyd; l , . dúh yel s fyhkayel sbl uKkaw; mi g Q Wmj di hkamhùug j . n, d. ; hq ñ'

Wmj di h wj i kal § u

u. Bì fú, dj , Ödj Qj yd Wmj di h wj i kal < hq ñ' tafj kj g rgbç bi a ri'h' rgbç fkd, efnk úgl § kì c, h fhda H fõ' ^wki a ì ka ud, § a ^r<&" ; ¾fi È i y ki b&' Wmj di h wj i ka l rk l < 'w, a dyq u , l i q ; = j wff, l kj l d , a =j wd, d Bi d § w* a ¾; =*kl í n, a ñk&S hkfj kam¾¾: kd l § ug fndfyda fofkl =mpey ù i á; s thg kì uf. ys l s ý i dOl hl a ke; ' t; €d Wmj di h wj i kfha 'oync a < uW j í ; , a ; s a Wrel = j i n; , a wÈre bkd d w, a dya' hkfj kam¾¾: kd l r we; ' ^bì kqWu¾¾" ^r<& wn0odj b&

wu; l ùul ka hul awkñj l § fuka Wmj di hg l s ý ydkhl a fkd fõ' hful = Wmj di fhys fh§ i áo§ wu; l ùul ka wdydrmdk wkñj l < úgl fyf; u tu Wmj di h i i m¾K l < hq ñ' Tyq wdydrmdk i mhd we; f; a w, a dyh' ^wn0 yffrrd ^r<& nydB' hful = l s ý fya j l a ke; j l dhð i xi ¾. h u. ka Wmj di h i § kì th uyd mdmhl s tafj kfj ka Tyq wLKavj udi fol l a Wmj di fhys fhÈh hq ñ' Wmj di fhys khe<ug Yl a hl a fkd, nkfkaki yeg fofkl g wdydr i emhñ hq ñ' ^wn0yffrrd ^r<&" nydB&

keuyú

m¼KH ru<dkaudi fha wêl mka m; d rd; § l d, fha keuyfuys fhfok f, i kì ; €d Wkkj l r we; ' rd; § l d, keuyú mKì rdu<dka b; d w; kd udi hl a kì d yel swbka tj d bgql § ug W; á dy oeBh hq ñ' rdu<dkaudi fha muKl a keuyfuys khe<fuka muKl a i § d fkdü wfkl a l d, j , o keuyú wkj d¾H nj ms<f. k foõ ì h i ys j tj d wLKavj bgql § ug j . n, d. ; hq ñ'

ff, , ; = al o¼ rd; ½

rdu<dka udi fha úfYd rd; ½ a fõ' th ta udi fha wj i ka Èk oyfha T; f; a Èkhl a Èkhl a fõ' i enúka wm fi ^w, al ¾wdkh& W; a Í; r rd; ½ a my< l f<uq W; a Í; r rd; ½ . ek Tng fy<sl f<al el @ th udi oyi l g j vd W; ½ t l l s ^w, al ¾wdkh 97#1-3& 'tÈk wj i ka Èk oyfha fi dhk&' ^wdhd d ; ½h" ngydB& tfyhka ta Èkh , nd . ek Sug ki' rdu<dka udi fhawj i ka Èk oyfhaj eä j eäfhka l ½ , al ¾uhkayskhe<h hq ½' taff, , ; = al o¼ Èkh fj kfj kakì ; ud l s ý úfYd keuyul al < nj g l s ý i dOl hl ake; '

i l d; = a*s ¼

Bý, a*s ¼ Èkfha i h& fokd i ; áka i áh hq ½' ta fj kfj ka È<s;" ýmm; a wh wj reýÈkfha l ½ . kfka bEu je<l u m&ki rdu<dka wj reoD fj kfj ka bi a di' mBñ" . eyeKq nd, i y uy& i h&fokd fl frys l ½ , a l ½dj l a wkj d¾Hh l r we; ' th Wmj di fhys we; s j 0 i uyr foda hka ygo ms&hul s 'th hful =; ud wkNj l rK wdydrfhka tl a 'i dW' m&idKhl a oka ½u fõ" ^ngydB& ^i dW'& m&idKhl hkql f, da ½i 3l amuK fõ&

wj reý keuyu

uq a s j rekog Bý, a*s ¼ i y Bý, aw<ayd hkfj kaj i f¾ wj reý W; a j fol l a fõ' Wmj di l d, h wj i kaj 0j yd mj ; j kq, nk Bý, a*s ¼ thkat l l s tÈk Wmj di fhys fh½u i i m&Kfhka ; yki fõ' Boa Èkfha ; ud fj ; j 0 w& ; a we÷fuka i eri S bre Wodj ; a i u. j 0 ta keuyu fj kfj ka i yNd. s úh hq ½' Boa keuyu fj kfj ka wodka fyda bl du; a fyda ke; ' keuyu wj i dkh; a i u. i s f&dod keuyu fi a fo&Khl o fõ' kì ; ud Boa keuyu t<uykl l r we; ' 'kì ; ud Boa keuyu t<uyfKys l r we; ' ^wn0i Boaw, al oB ^r<B" ngydB i y uq a s ' & tÈk bi a di' wkq; fkd l < l ½d i y l ½j kaj , kaj e, l S i àu j eo. ; h' Boa Èkfhaj eä m&kam; d j eäfhka; l â ¾ mj i k f, i kì ; ud Wkkj l r we; '

i ¾j n<OdÍ w, a dya wmf. a W; ½ rdu<dka udi h i re l r wm Wmj di hkD by<kams<s ks j dE